

TelaDoc is a national network of board certified physicians providing cross coverage consultations 24 hours a day, 365 days a year. TelaDoc physicians use electronic health records (EHRs) and telephone consultations to diagnose, recommend treatment and write short-term non DEA controlled prescriptions, when appropriate. Call TelaDoc from work, home, or while on vacation; our physicians are always available.

Annual Membership: \$35 per person Will automatically renew unless canceled

TelaDoc Benefits:

- Physicians available 24/7/365
- Fast access—average consult within 30 minutes
- Prompt diagnosis results in faster treatment
- Available anywhere, anytime—requires only a telephone
- Secure, personal, and portable electronic health record (EHR)
- Patient-centric focus
- Efficient delivery system for routine healthcare

Call TelaDoc:

- When your physician is not available
- For non-emergent medical care
- After normal hours of operation
- When on vacation or a business trip
- For second opinions



TelaDoc Treats Conditions Like:

- Sinus Infections
- Respiratory Conditions
- Allergies or Bronchitis
- Urinary Tract Infections
- Pink Eye or Poison Ivy
- Sore Throat, Cold or Flu

Set Up Your Account (Mandatory)

If you do not have access to a computer, please call [1.888.682.1165](tel:1.888.682.1165) for assistance.

1. Go to www.TelaDoc.com/CompetitiveHealth.
2. Enter your legal first name, last name, date of birth and the following company code. After all have been entered, click Set Up Account Now.
Your company code is: COMPHEALTH
3. Complete all required fields on the Account Set Up page. Under Login Information you may keep your generated username/member ID or you may change it now.
4. After you read the Terms and Conditions and Privacy Policy, signify your acceptance by entering your eSignature and then click Submit.
5. Review your Membership & Pricing, then click Complete.
6. Complete your medical history disclosure (MHD) under the Health Records section.

Completing Your Medical History

Members must complete a TelaDoc medical history disclosure (MHD) prior to requesting a consult.

If you were unable to complete your medical history disclosure at the time of account set up, please use one of the following options:

- Online:** Logon to your account at www.TelaDoc.com/CompetitiveHealth, enter your username and password, then click Health Records located in the top bar of the screen.
- Paper:** MHDs are provided by your employer. Please allow 14 days for account set up from the time TelaDoc receives your form(s).
- Call Center:** You may call [1.888.682.1165](tel:1.888.682.1165) and a representative will record your medical history over the telephone. **There is a \$12 charge associated with selecting this option, unless otherwise noted by your employer.**

A credit card, debit card or electronic check is required for payment.

Your account set up is now complete and you may request a consult at any time by clicking the Schedule Consult link via your online account or by calling [1.888.682.1165](tel:1.888.682.1165). If you need assistance, please contact TelaDoc Customer Service at [1.888.682.1165](tel:1.888.682.1165).